



2nd Annual Nauset Heights Association Pickleball Tournament

TOURNAMENT LIMITED TO 34 TEAMS >> SIGN UP NOW

IMPORTANT REGISTRATION & PAYMENT INSTRUCTIONS:

- **Registration for Nauset Heights Association members and their guests is made through the NHA Member Portal.**
- **In the Member Portal, you will see the option to purchase the Team Entry Fee, Time With The Pro, and T-shirts separately.**
- **Payment options: online (credit or debit), check, or cash.**

Date: 18 & 19 July 2025

July 18th > **Time with the Pro 4:00 – 6:30 +/-**

July 19th > **Tournament est. 10:00 – 3:00** (rain date: July 20th)

Location(s):

- Court 1) Lipe Court, 31 Doane Road
- Court 2) Cottage B/ Farnham Court

Important Times:

- Friday, 18 July >> Time With The Pro 4:30 – 6:00, Lipe Court.
- Saturday, 19 July >> First games start at 10:00 in each location. We expect to be finished by ~3:00, dependent on the number of teams and pace of play.
- ~4:00 >> An awards ceremony and BBQ (New this Year) will immediately follow the final game at 31 Doane Road, Lipe residence.
- **Please plan to meet at 9:15 at the Lipe court on Saturday, 19 July, to:**
 - assure all waivers have been signed
 - announce brackets, locations and first game times
 - Familiarize everyone with the day's logistics
 - answer any questions

General:

- As with most Nauset Heights Association events, the tournament is open to all Nauset Heights Association members and their guests. Also stated below, there is limited / no parking so please either walk or cycle to, and between the courts.
- Beverages (water / sports drinks) and snacks will be available throughout the tournament.

- **ALL PARTICIPANTS ARE REQUIRED TO SIGN A WAIVER, WHICH WILL BE PROVIDED AT BOTH *TIME WITH THE PRO* AND THE MORNING OF THE TOURNAMENT.**
- **What is different in 2025?**
 - Team Names. Be creative.
 - Best uni's award.
 - Games will play to 11 points. Last year we played to 7.
 - We will adhere to the game schedules. I unnecessarily tried to pre-pone some games last year.
 - Championship will be best of 3 matches. 11 points.

Fees:

- \$40 / Team for the tournament
- \$20 / person for ***Time with the Pro*** on 18 July from 4:00 – 6:30 at Lipe Court, 31 Doane Road. See description below.
 - **HIGHLY RECOMMENDED, INFORMAL, SOCIAL, BEER & WINE**
- **T-Shirts** >> \$29.00 – Please specify quantity and sizes (M, L, XL). These will be ordered.

T-Shirt Back



T-Shirt Front



Tournament – 19 July

- Our target is to register 34 teams. We had 25 in 2024.
We will do our best to match skill levels, although the deeper you go in the tournament it is expected that the skill level will increase. Please state your team skill level in your registration;
 - Beginner (never played/kicked around a court once or twice)
 - Intermediate (played 3 – 9 times)
 - Advanced (played 10 times or more) 😊
- We will play bracket, double elimination, assuring a minimum of 2 games.
- Rules as follows;
 - Points are scored by the team that serves, and you play to 11 points. A team must win by 2 points.
 - When the side that serves has a score in an even number, the server for that team plays from the right side of the court. A score in an odd number means that the server plays from the left side.
 - When you serve the ball, you must hold the paddle and the ball below your waist and serve underhand.
 - You serve diagonally cross-court. While serving, you have to keep your feet from touching the court or the sideline area and keep at least one foot behind the baseline.
 - Players serve until they commit a fault, which is any rules violation that stops play. The first serves are made from the right side of the court, and if the server scores a point, that player then serves from the left side.

- With the first serve of the game, that team gets only one chance to serve (until they commit a fault). But the opposing team then gets a chance for both players to serve (meaning until their team makes two faults). After this round, each team only gets one fault before the serve switches to the opposite team.
- There's a two-bounce rule. This means that each side has to let the ball bounce once before returning it. After those two bounces, you can either hit the ball before it bounces (a volley), or off a bounce.
- There's a zone called "the kitchen" within 7 feet on both sides of the net. This is the "no-volley" zone — meaning you can only hit a ball from this zone if it bounces first. If you hit a volley when standing in the kitchen, it's considered a fault. It's also a fault if you accidentally step into the kitchen after hitting a volley, even if it's just momentum that sends you there.
- A ball touching any part of the line is "in."
- A serve that hits the kitchen is a fault.

Time with the Pro – 18 July > 4:00 – 6:30

We will allocate 2.5 hours, from 4:00 until 6:30 on 19 July at Bill Lipe's court (address above) to spend time with the Pro, Catherine Owen. Please see short PROfile of Cat below. Included in these sessions will be;

- Pickleball Basics
- Skill(s) foundation and improvement
- Rules > Understanding the game
- Competitive advantage > game day strategies
- **Beer & Wine and small snacks**

The Pro PROFILE > Catherine Owen



Catherine (or Cat) supports SHORT COURT SPORTS as a Marketing & Account Coordinator and is a *Certified Pickleball Instructor*. She is responsible for spearheading outreach initiatives to potential partnerships for pickleball and padel events and collaboration. Cat is a Professional Pickleball Registered instructor with qualifications to run and execute pickleball lessons, clinics, and tournaments for all level players. Cat is key to the execution of pickleball events, contributing to event setup and teardown, delivering player instructions, managing bracket tournaments, overseeing on-site sales, and providing essential knowledge about the sport to participants.

Cat became involved in the Pickleball explosion because of her lifelong involvement in racket sports;

- SEWANEE / UNIVERSITY OF THE SOUTH / Women's Varsity Tennis Team (August 2017-May 2021)
 - Evelyn H. Mooney Award (2021); awarded to one female athlete from Sewanee for an outstanding four-year athletic career.
 - SAA Player of the Year (2018)
 - Female Outstanding Season Award (2019)
 - NCAA tournament qualifier
 - All-American Doubles Team (2020 season)
- ASHLEY HALL SCHOOL / Junior Varsity Tennis Coach – Charleston, SC
- I'ON CLUB / Tennis Professional – Charleston, SC

AWARDS + Drinks / Food / Social

Immediately following the last game, please join us on the lawn at The Lipe's at 31 Doane Road for a short awards ceremony, beer / wine, a bite to eat and an opportunity to toast the competition.

Housekeeping

- There will be limited / no parking, so we suggest that you either walk or cycle to and between the venues (Lipe and Farnham courts)
- You and your opponents will referee your games. You settle the in / out calls or other required judgments.